

# Lark in the Park

27th July - 2nd August Online and around town

2020



# Sparkles 0-5s

Tune into our YouTube Song and Story Time sessions or book our small in person events on Eventbrite: https://secretsparklespuppetandcharactershow.eventbrite.co.uk https://secretsparklesteddybearspicnic.eventbrite.co.uk https://secretsparklesloopylou.eventbrite.co.uk

Join in our Scavenger and Treasure hunt anytime during the week and collect your prize for taking part! For more info visit larksidcup.com

#### Fizz 5-7s

Tune into the Fizz Team for fun, challenges, songs and 'The Adventures of Soggy and Scrub'. Captain Soggy Bottom is back with a daily adventure like you've never seen before. Look out for a fun craft and world class jokes. What could possibly go wrong?

#### AllStars 7-11s

Join in online with some great activities, songs, messy games and more!

# Free60 Youth 11-16s

Join in a range of tournaments, scavenger hunts, YouTube and Zoom sessions for 11-16 year olds.
Follow us on Tiktok and insta @free60\_youth

#### Lark Fitness Workouts

3 sessions online that will be fun, suitable for different fitness levels and available to watch at a time to suit you after their live premier.

# Inspiration

The Inspiration team have been busy crafting over lockdown. We share some ideas and a challenge for the week. We'll also invite you to help with a new 'Make It To Give It Away' project. Follow us on Instagram @inspirationlitp

#### Life Stories

Tune to hear some inspiring stories that will encourage and uplift you.

#### Park Pastors

The team will be present at locations around Sidcup to speak with people and listen, and are ready to pray. We will be taking the love, generosity and hospitality of Lark in the Park out in to the community.

#### **Action Teams**

We are taking our teams out and about to do light gardening and DIY, but mainly litter picking around scenic sights, parks and shopping parades in the Borough. Do say hi if you see them!

# **Destiny Words**

Do you feel down, hopeless or lost? Book in for a Destiny Word online. Guaranteed to bring you hope. Visit the website for more details.



# **Quiz Night**

Lark in the Park's Quiz Night is a highlight for many, this year will be online. Book in at www.larksidcup.com.

# Sunday Celebration

Join us at 7pm on YouTube to see the fun from all your favourite Lark in the Park venues and celebrate the highlights of the week with us.

For more info visit larksidcup.com





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Online - Week	day (Monday-Friday) Programm	es on YouTube
10.30am	Sparkles Song & Story Time	0-5 years
1pm	Fizz kids	5-7 years
	Free60 Youth	11-16 years
2pm	AllStars kids	7-11 years
2.45pm	Inspiration Craft	
3pm	Life Stories - Zoom webinar	
6.30pm	Kids' Story Time	1-6 years
7.30pm	Free60 Youth - Zoom	11-16 years

For more info visit larksidcup.com





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Daytime & Evening Events	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Outdoor Events (Subject to Covid-19 Guidelines)	'Secret Sparkles' Outdoors - 0-5s Prebook 1-1.30pm & 2-2.30pm	'Secret Sparkles' Outdoors - 0-5s Prebook 1-1.30pm & 2-2.30pm	'Secret Sparkles' Outdoors - 0-5s Prebook 1-1.30pm	'Secret Sparkles' Outdoors - 0-5s Prebook 1-1.30pm & 2-2.30pm	Sparkles - Collect your treasure hunt prize outside Better Gym Sidcup 1pm - 3pm	Look out for the team around Sidcup. Come and say hi! 2 - 4pm	
	Sparkles Treas	•	- Take part anytime this e downloaded online fro	week and collect your pom larksidcup.com.	orize on Friday.		
	Park Past		m around Sidcup every , we would love to chat	weekday afternoon and and pray for you.	evening!		
				to clear overgrown publ say hi if you see our tean			
		ray Revels' - One of our L dcup care and residentia					
Online Events (On YouTube unless otherwise stated)	Lark Fitness Workout 1.30pm		Lark Fitness Workout 1.30pm		Lark Fitness Workout 1.30pm	Free60 11-16s Prebook Fortnite Tournament 1pm Fifa Tournament 3pm	Church Online. Watch churches across Sidcup from home! 10.30am
	Alpha Taster - book online 8pm	Destiny Words on Zoom - book online 8pm	Alpha Taster - book online 8pm	Look out for the team around Sidcup - Come and say hi! 8pm	Quiz Night on Zoom - book in online 8pm	Look out for the team around Sidcup. Come and say hi! 8pm	Lark in the Park Celebration Join us online 7pm

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